



SAYA LEADERSHIP
Inspiring...Awakening...

MYERS-BRIGGS TYPE INDICATOR (MBTI)



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Objective

MBTI is used in organizational settings to assess management skills and facilitate teamwork and problem solving.

Purpose

The purpose of the Myers-Briggs Type Indicator® (MBTI®) personality inventory is to make the theory of psychological types described by C. G. Jung understandable and useful in people's lives. The essence of the theory is that much seemingly random variation in the behaviour is actually quite orderly and consistent, being due to basic differences in the ways individuals prefer to use their perception and judgment.

In developing the Myers-Briggs Type Indicator instrument, the aim of Isabel Briggs Myers, and her mother, Katharine Briggs, was to make the insights of type theory accessible to individuals and groups.

Why MBTI:

1. The tool can help in the following areas:
2. Avoid and resolve conflicts
3. Play to an individual's strengths
4. Identify gaps in the team
5. Discover how your team style works best with customers
6. Aid career development
7. Assist communication strategies
8. Provide managers with the understanding to give effective feedback
9. Inform about your own and others decision making
10. Develop thinking skills
11. Develop emotional intelligence
12. Identify and develop strengths and weaknesses
13. Develop leaders, managers, teams and HR expertise
14. Encourage team members to understand and appreciate different strengths
15. Improve and change culture

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